



MARC

Training Program for Competitive Swimmers

Conducted by the MARC under the Supervision of MASH Swim Coaches, Pete Coppelli and Don Erdley.

Minimum Skill Requirements:

100 Yard Individual Medley – Legal in all 4 strokes (Butterfly, Back Crawl, Breaststroke and Front Crawl) performed from a racing start.

General Information:

This is an 8 week program: June 09th, 2008 – July 28th, 2008.

Time: 7:45 AM – 9:45 AM **Days:** Monday – Friday.

(No Class on July 4th, 2008)

You must be pre-registered and pre-pay, by **June 2, 2008 at 5:00pm**

The cost is: **\$200.00** for the 8 week program. We must have a minimum of **15** swimmers and maximum **30** swimmers.

We do not pro-rate the cost of this program.

No Refunds; No Make-Up classes; MARC reserves the right to change or cancel programs.

Name: _____

Address: _____

Age: _____ Have Competed: _____

Phone #: _____ E-mail: _____

Fee: _____ Did you participate last year? Yes ___ No ___



I hereby give my consent for my child/self to participate in the Training Program for Competitive Swimmers program at the MARC. I further release the MARC staff from all liability for injuries received by my child/self during or resulting from this program.

Parent Signature: _____ Date: _____