

Class Schedule

Wednesday Classes: 5:15pm - 6:15pm

| | | |
|-------------------|-----------------|-------------|
| Tots | 5:15pm - 5:45pm | Instruction |
| Pre Alpha 5-10yrs | 5:15pm - 5:45pm | Instruction |
| Pre Alpha 11 & Up | 5:45pm - 6:15pm | Instruction |
| Alpha 5-10yrs | 5:15pm - 5:45pm | Instruction |
| Alpha 11 & Up | 5:15pm - 5:45pm | Instruction |
| All Beta | 5:45pm - 6:15pm | Instruction |
| All Gamma/Delta | 5:15pm - 5:45pm | Instruction |
| Pre Freestyle | 5:45pm - 6:15pm | Instruction |

If your instruction is 5:15pm - 5:45pm, your supervised practice time is 5:45pm - 6:15pm.

If your instruction is 5:45pm - 6:15pm, your supervised practice time is 5:15pm - 5:45pm.

Supervised practice time will consist of games, and review of skills taught during your class time.

Special classes may be arranged upon request.
Ex: Home school, Boy & Girl Scouts, etc..



Dates and Fees

WEDNESDAYS

| | <u>Class Cost</u> | <u>Skate Rental</u> |
|---|-------------------|---------------------|
| Session 1: Oct. 6, 13, 20, 27 | \$40 | \$5 |
| Session 2: Nov. 3, 10, 17 | \$30 | \$3.75 |
| Session 3: Dec. 1, 8, 15 | \$30 | \$3.75 |
| Session 4: Jan. 5, 12, 19, 26 | \$40 | \$5 |
| Session 5: Feb. 2, 9, 16, 23 | \$40 | \$5 |
| Session 6: Mar. 2, 9, 16 | \$30 | \$3.75 |



Chris/Brochures/2010/Learn to Skate 10-11

Meadville Area Recreation Complex

ISI Ice Skating Institute Learn ~ to ~ Skate



2010 - 2011

800 Thurston Road
Meadville, Pa. 16335
Office: 814-724-6006
Fax: 814-337-8995
www.marc4fun.com

Welcome to the Meadville Area

Recreation Authority's Learn to Skate Program for the 2010-2011 season. The ISI Basic Skills Program is specifically designed for the recreational skater. Skaters of all levels will advance with their own proficiency on the ice by acquiring the necessary skills to pursue their goals in the sport. Whether recreational or with aspirations of becoming a top notch figure skater or hockey player, it all starts here!

LTS Director - Joyce Popovich

Once again the MARC offers to you this year a diversified group of talented coaches under the Direction of our Skating Director Joyce Popovich. She alone brings 28 years of skating experience to our Skating Program, being a member of the ISI, PSA, and USFS organizations.

Sessions

Wednesdays:

Session 1: Oct. 6, 13, 20, 27

Session 2: Nov. 3, 10, 17

Session 3: Dec. 1, 8, 15

Session 4: Jan. 5, 12, 19, 26

Session 5: Feb. 2, 9, 16, 23

Session 6: Mar. 2, 9, 16, 23

Program Information

ALL CLASSES are offered on:
Wednesdays 5:15pm - 6:15pm

TOT Program: This ISI program offers specialized instruction for skaters between the ages of 3-5 years old, emphasizing fun. Earn each of the four colorful Tot badge awards. Class division by skill level not by age.

Pre-Alpha: This class is for beginners, as it introduces them to the wonderful world of skating. Emphasizing fun and security, it quickly generates confidence. The new skater develops skills, makes new friends, and earns the ISI Pre-Alpha patch.

Alpha: For the skater that has completed the Pre-Alpha class or who has some skating experience. Emphasis is placed on forward stroking, forward crossovers, and snow plow stops.

Beta: For those who have successfully completed the Alpha level of instruction. The Beta class will provide direction and competency in backward skating, backward crossovers, T-stops, and more.

Gamma/Delta: For skaters who have completed the Beta level. Emphasis is placed on learning 3 turns, Mohawk's, and forward edges.

Pre-Freestyle: For the skater who has successfully completed the Delta level of instruction. This class covers waltz jumps, 2 foot spins, backward edges, and an introduction to other advanced freestyle moves.

Adult Class: Available during any LTS times.

LTS Program Includes:

- *Six Sessions during the season.
- *One half-hour group lesson each week followed or preceded by one half-hour supervised practice session.
- *Color coded LTS ID card must be worn on lesson day.
- *Skate rental is **NOT** included.
- *Helmets are recommended. Bring your own bike or hockey helmet.
- *Free badge upon achievement (1 per class). Additional badges \$5.00 ea.

MARC POLICIES

- *Classes will be made up only if MARC cancels.
- *Refunds not available.
- *Payment in full due at registration.
- *Specific class times & days are subject to change in accordance with enrollment.
- *Students must attend the class day & time in which they are registered throughout the session.
- *Skate rental is available at a discount rate or pay \$2.50 per class.
- *MARC reserves the right to cancel classes and change prices or times.
- *Parents are not permitted on ice during lessons.
- *MARC strongly recommends the use of helmets during instructional programs & skating sessions.
- *Please dress appropriately for class, wearing gloves or mittens and clothing suitable for unrestricted movement and warmth.