

SÄJAI WISE KIDS™

Classes and Fees

Details

The Meadville Area Recreation Complex is very proud to be taking a leadership role, and is committed to bringing programs that promote healthy living to all of our citizens. The Säjai Wise Kids program is a wonderful way to reach our youth and will run as part of our program this year on Tuesdays and Thursdays, from June 9th to August 8th, 10:00 am – Noon.

We have some exciting news for you! We are pleased to introduce the Säjai (pronounced "saw-jay") Wise Kids™ program to the Meadville Area Recreation Complex.

The Säjai Wise Kids program was created by the Säjai™ Foundation in partnership with the National Recreation and Park Association (NRPA). The Säjai Foundation is dedicated to developing programs that inspire wise nutrition and activity choices in children. NRPA is a national organization focused on advocating the significance of parks and recreation to all Americans. If you would like to know more about the organizations, go to:

www.sajaifoundation.org and
www.nrpa.org.

Each Class will meet from
10:00am–Noon

June 10 & 12

June 17 & 19

June 24 & 26

July 1 & 3

July 8 & 10

July 15 & 17

July 22 & 24

July 29 & 31

August 5 & 7

Registration: \$60.00

We are very excited about the Säjai Wise Kids program, and believe it will make a healthy difference for the youth in our community.

If you have any questions, please contact us at 814-724-6006.

This nationwide program is committed to fostering healthy living, and has been designed to teach kids about wellness and to help them make wise decisions about nutrition and exercise. It focuses on giving kids the knowledge to make good choices that will get them healthy and keep them healthy for a lifetime!

The Säjai Wise Kids program is a fun, upbeat program that incorporates workbooks, games and many lively activities that help kids learn. From Food Pyramid Bingo® to the Säjai™ Six Challenge, your kids will enjoy learning more about a balanced and healthy life. They'll gain valuable knowledge that will help them far into the future.

Approximately 30 children will be participating and at the end of the program, every child will receive a completion certificate acknowledging that they are a Wise Kid!



Application

NAME: _____

ADDRESS:

City___ WM___ V___ Other: _____

AGE: _____ GRADE: _____

PHONE NUMBER:

E-MAIL: _____

PROGRAM COST: \$60.00

Cash _____ Check _____ MC/V _____

Supervisor's Initials: _____

I hereby give my consent for my child/self to participate in the SĀJAI WISE KIDS™ PROGRAM at the MARC. I further release the MARC staff from all liability for injuries received by my child/self during or resulting from this program.

SIGNATURE: _____

DATE: _____

Policies

1. No make-up classes unless MARC cancels a lesson.
2. Refunds are not available unless class is canceled by the MARC.
3. Pre-Paid Registration Only.
4. We reserve the right to cancel a class.
5. MARC reserves the right to reschedule class dates and times.
6. MARC office is open 8:30AM to 5:00PM Monday through Friday. The office is closed on Monday, May 26, 2008.

Call 814-724-6006 for details.



**National Recreation
and Park Association**

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MARC

SUMMER 2008

SāJai

Wise Kids™

PROGRAM

Where the benefits are endless...



Meadville Area Recreation Complex
George J. Barco Aquatic Center

800 Thurston Road
Meadville, PA 16335
(814) 724-6006
(814) 337-8995 (fax)
www.marc4fun.com