



DIVING BOARD RULES

1. Obey the lifeguard.
2. Do NOT adjust the fulcrum.
3. One bounce only.
4. No running dives.
5. NO swimming or playing in diving area.
6. Only one person is allowed on the diving board at a time.
7. Swimmers must exit the diving area promptly via the ladder.
8. Wait until the previous diver has cleared the landing area before you dive.
9. NO backflips, backwards dives, inward dives, or other dangerous behavior.
10. The pool supervisor may restrict certain dives based on safety concerns.
11. Swimmers in life jackets are NOT permitted to use the diving board.
12. The lifeguard may request that a child perform a swim test before using the diving board.

